Dog_Fresh_Food_Diets_Handout-v3

Fresh Food Choices for Dogs: A Guide to Wholesome Nutrition

Choosing fresh, minimally processed food is a great way to support your dog's health and well-being. Standard commercial kibble goes through heavy processing, which some dogs simply do not tolerate well. Switching to fresh or homemade meals lets you avoid harsh processing and unwanted pesticides while giving you complete transparency into where your dog's ingredients come from.**The options below have been carefully selected from trusted sources. Important Safety Note: While some of these websites mention raw meat diets, we strongly recommend that all meats be thoroughly cooked to keep both your dog and your household safe.**

Trusted Fresh & Homemade Dog Food Options

Just Food For Dogs — https://justfoodfordogs.com

How It Works: Offers both ready-to-serve complete meals and DIY kits. For large dogs, buying complete meals can get expensive, so many owners use their DIY nutrient blends and add their own cooked meat at home.

Protein Options: Beef, Chicken, Lamb, and Turkey.

Dr. Harvey's — https://drharveys.com

How It Works: Provides dehydrated base mixes (not a complete diet on its own). You simply rehydrate the mix with warm water and add your own freshly cooked protein.

Protein Options: Base mix — you choose and supply your own cooked protein to pair with their whole-food base mixes.

Evermore Pet Food — https://evermorepetfood.com

How It Works: Gently cooked, complete meals made with clean, human-grade ingredients that you can thaw and serve.

Protein Options: Beef, Chicken, Lamb, and Turkey.

Know Better Pet Food — https://knowbetterpetfood.com

How It Works: Offers premixes that you combine with meat and water to make balanced meals at home.

Protein Options: Base mix — you choose and supply your own cooked meat (be sure to follow their cooked-meat instructions rather than raw).

Helpful Website Guides: Making Food at Home, Dog Food Recipes, and Feeding Puppies.

Key Benefits of Going Fresh

No Heavy Processing: Gentle cooking preserves natural nutrients and avoids the high-heat extrusion used in dry kibble, which some dogs struggle to digest.

Cleaner Ingredients: Selecting whole-food brands and fresh meats helps minimize exposure to pesticides and artificial additives.

Total Transparency: You know exactly what goes into your dog's bowl and where those ingredients were sourced.

Questions?

Every dog has unique nutritional needs. If you are unsure which option or recipe is the best fit for your dog, please reach out to our team—we are happy to help you choose!