Cat_Fresh_Food_Diets_Handout-v4

Fresh Food Choices for Cats: A Guide to Wholesome Nutrition

Feeding your cat fresh, minimally processed food is a great way to support their overall health. Conventional commercial cat foods go through heavy processing, which some cats do not react well to. Preparing fresh meals at home helps you avoid harsh processing and unwanted pesticides while giving you peace of mind about where your cat's ingredients come from.**The resources below have been curated from trusted sources for homemade feline nutrition. Important Safety Note: While some of these websites discuss raw meat options, we strongly recommend that all meats be thoroughly cooked to keep both your cat and your household safe.**

Trusted Fresh & Homemade Cat Food Options

Know Better Pet Food — https://knowbetterpetfood.com

How It Works: Provides balanced nutritional premixes that you combine with meat and water at home. Make sure to use their cooked-meat preparation method.

Protein Options & Website Guides: Formulas: Chicken and Beef.**Helpful Site Sections (under Cats): Making Cat Food at Home, Cat Food Recipes, and Feeding Kittens.**

Evermore Pet Food — https://evermorepetfood.com

How It Works: Gently cooked, complete meals made with clean, human-grade ingredients that you can thaw and serve.

Protein Options & Website Guides: Features gently cooked, minimally processed protein options.

Key Benefits of Going Fresh

No Heavy Processing: Minimally processed meals retain natural nutrients and moisture without the harsh manufacturing methods that some cats tolerate poorly.

Cleaner Ingredients: Using fresh ingredients helps reduce exposure to pesticides and unnecessary fillers.

Total Transparency: You have full control over the quality and source of the meat going into your cat's bowl.

Questions?

Every cat has specific dietary needs. If you have questions about how to get started or which recipe is right for your cat, please reach out to our team—we would love to help!